

Cloughmills Incredible Edibles Local School Links

Cloughmills Incredible Edibles project has excellent relationships with both primary schools in the area. The schools are within walking distance of the main garden site at the mill and both have visited on numerous occasions for growing and cooking activities.

The pupils learn a skill, e.g. making funny face pancakes, and get to taste fruits they may not normally eat. Teachers are keen to expand on healthy eating and gardening activity and are integrating it into the curriculum through, for example, the use of surveys on attitudes to fruit. Cloughmills Incredible Edibles have also placed a number of raised beds in both schools and the Development Worker works closely with teachers and pupils to offer assistance with growing and planting. The school PTA's have participated in events held at the mill on a cooperative basis, which is part of the work to build relationships in the Northern Ireland context.

They planted a patch of wheat in both schools, harvesting then milling it and making bread. This part of the project activity is called 'Bake your Lawn'. They enlisted help from the Cloughmills Vintage Club, some of whose members are very much into the old traditional farming methods.

Families report better attitudes to and increased use of fruit and vegetables in the home. One family reported children happy to eat a more diverse range of vegetables. Another parent reported children wanting and willing to help prepare meals in the kitchen.



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